

West Nile - Protect Yourself

- Be especially careful at dusk and dawn when mosquitoes are most active.
- Use mosquito repellent containing DEET, picaridin or oil of lemon eucalyptus.
- Remove standing water.
- Add larvicides to animal drinking troughs & ponds.
- Wear long sleeves & pants.
- Fix windows and door screens.
- Clean out rain gutters.



NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM



www.hhss.ne.gov/wnv

06-29